



SPORTS

HANDGUN ABILITY CHECK

Our ability checks are designed to evaluate your skill level against the minimum standard that you would require to safely participate in the program. All of the checks are based on the level of proficiency that you should have mastered and be able to demonstrate having regard for your previous experience. If you do not pass, we will provide a credit for a future course. In fairness to all of our students we have to insist on a minimum skill level.

We have furnished you with this information so that you can go to a range and check your own skill level ahead of time.

Skill check criteria (do this test in your own time before arriving for training)

- explain the four weapons safety rules.
- Demonstrate safe load, unload and presentation skills.
- Demonstrate an immediate action drill. This involves two dummy rounds in your magazine. You will be required to fire 4 rounds and clear 2 dummy rounds in 15 seconds at 7 metres. If you don't have dummy rounds have your support person tap you on the shoulder twice in your firing sequence.
- Draw and fire 2 rounds conduct an emergency (Slide lock reload), and fire two more rounds at 7 metres – 10 seconds.
- Fire 3 rounds from 10 metres in 10 seconds starting with gun in hand.
- 90% of shots must impact within a ten inch group.

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